EXPERTS AND STORY IDEAS



Our Experts:

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Age-friendly care improves health.

- Age-Friendly Health Systems reduce the length and cost of hospital stays for older adult patients
- A poll of adults 65+ shows more than 80% would rather go to a hospital that provides age-friendly care than one that does not

Family caregivers are overworked and under-supported, but we have a plan.

- The Recognize, Assist, Include, Support, & Engage (RAISE) Family Caregivers Act includes a <u>comprehensive</u> review of the current state of family caregiving and recommendations for increasing support
- The RAISE National Strategy outlines nearly <u>350 actions the federal government will take in the next three</u> years to support family caregivers and additional actions for other organizations
- <u>Policies to support family caregivers are universally popular</u> across political affiliation and other demographics, including those recommended in the RAISE National Strategy

Holding conversations about serious illness and end-of-life matters.

- <u>The Serious Illness Messaging Toolkit provides public-informed guidance</u> on how to talk about serious illness, palliative care and hospice
- <u>Helping older adults identify what matters most to them</u> can help with planning ahead for potential serious illness and complex conditions

Nursing homes are on the precipice of transformation.

- 71% of older adults polled are unwilling to live in a nursing home in the future, and nearly 90% say changes are needed to make nursing homes appealing
- A <u>blueprint on how to change the way America finances</u>, <u>delivers and regulates care in nursing homes</u> is the first comprehensive call for nursing home reform in more than 30 years
- The Moving Forward Coalition is actively advancing solutions to improve the quality of nursing home care for older adults and their families







