Hartford Institute for Geriatric Nursing offers evidence-based online resources. Many of its resources area now available in its e-Learning Center, with registration required. Some of these resources are available with Continuing Education.

**Learning Modules**

- **Delerium: Patient- and Family-Centered Care Modules**: Two modules that address the assessment and treatment of delirium utilizing a patient- and family-centered care approach. These modules describe the care environment, precipitating factors leading to delirium, and interventions to promote early diagnosis and resolution of delirium in acute care and in transitions to other settings through interprofessional team and family centered approaches. [http://www.hartfordign.org/education/patient_family/](http://www.hartfordign.org/education/patient_family/)

- **Nursing Homes as Clinical Placement Sites Modules**: Modules 1-5- to help faculty select and use nursing homes for undergraduate student clinical placement, with a special focus on nursing homes involved in resident-directed care and culture change; Module 6- nursing home Preparation/Readiness as a clinical placement site. [http://hartfordign.org/education/baccalaureate/](http://hartfordign.org/education/baccalaureate/)

- **Clinical Teaching Modules (in hospitals)**: Integrating Care of Older Adult Patients in Student Clinical Rotations in Hospitals: Resources for Clinical Faculty, uses an evolving case study approach. [http://hartfordign.org/education/baccalaureate/](http://hartfordign.org/education/baccalaureate/)

- **Clinical Teaching Module (in long term care/RN)**: Integrating Care of Older Residents into Student Clinical Rotations in Long Term Care Facilities: A Guide for Clinical Faculty- uses an evolving case study approach. [http://hartfordign.org/education/baccalaureate/](http://hartfordign.org/education/baccalaureate/)

- **Clinical Teaching Module (in long term care, APRN)**: Supervising the Adult-Gerontology Primary Care Nurse Practitioner Student in a Nursing Home Rotation: A Guide for Clinical Faculty: is an evolving case study module that uses the Mentoring Process Model to guide students through the clinical rotation. [http://consultgerirn.org/aprncenter/aprnresources/](http://consultgerirn.org/aprncenter/aprnresources/)

- **Geriatric Nursing Education Consortium (GNEC)**: Preparing Nursing Students to Care for Older Adults: Enhancing Gerontology in Senior-level Undergraduate Courses evidence-based, state of the science modules of topics on care of older adults. Includes: state of the science white papers, powerpoint presentations, podcasts, case studies, literature searches. [http://www.gnecresources.com/](http://www.gnecresources.com/)

**Topics:**

- Critical Care
- Dementia
- Delirium
- Mental Health
- Type 2 Diabetes
- Interdisciplinary Care
- Heart Disease
- Urinary Incontinence
- Critical Thinking
- Atypical Presentation
- Cancer
- Cultural Competence
- Spirituality
- **APRN Resource Center**: Case Studies, webinars and other teaching resources for faculty in nursing education programs that prepare nurse practitioners and clinical nurse specialists, for the new combined adult-gerontology advanced practice to include a strong focus on gerontology. [http://consultgerirn.org/aprncenter](http://consultgerirn.org/aprncenter)

  Case Studies:
  - Anemia and Chronic kidney Disease
  - COPD and Weight Loss
  - Herpes Zoster
  - Pain Management
  - Unexplained Weight Loss
  - Management of Geriatric Psychiatric/Mental Health Issues - NP- Evaluation and Management of Memory Impairment for NP
  - Management of Geriatric Psychiatric/Mental Health Issues - CNS- Evaluating Acute Confusion- A CNS Perspective
  - Co-morbidities - NP- Dizziness and Falls
  - Medication Management - APRN- Medication and Adverse Outcomes in Older Adults
  - Management of Urinary Incontinence - For Adult Gerontology APRNs: A Case Study
  - Transitional Care for the Adult-Gerontology - CNS
  - Transitional Care for the NP
  - National Association of Clinical Nurse Specialists (NACNS) CNS modules

- **Gerontological Nursing Certification Review Course**: Comprehensive resource to prepare nurses for the American Nurses Credentialing Center’s (ANCC) Gerontological Nurse Certification Examination. [http://hartfordign.org/continuing_ed/cert_review/](http://hartfordign.org/continuing_ed/cert_review/)

- **Geriatric Interdisciplinary Team Training**: developing good teams of professionals from a variety of disciplines to manage the complex health care issues of older adults. Includes implementation manual, curriculum guide and case study videos. [http://www.gittprogram.org/](http://www.gittprogram.org/)

**General Resources**

- **Clinical website**: evidence-based resources and protocols and continuing education on nursing care of older adults, [www.ConsultGeriRN.org](http://www.ConsultGeriRN.org) – see Evidence-based geriatric topics drop-down menu; Tutorial: how to use web site, [ConsultGeriRN.org Tutorial](http://consultgerirn.org/tutorial).

  - Protocols:
    - Age-Related Changes Sensory
    - Frailty and its Assessment Series
    - Complications for Care
    - Iatrogenesis
    - Physical Assessment Series
    - Restraints
    - Pain
    - Palliative Care
    - Pressure
    - Ulcers and Skin
    - Medication
    - Sensory Changes
    - Urinary Incontinence
    - Oral Health
    - Care
    - Hydration
    - Management

- **Try This® Assessment Series**: evidence-based geriatric assessment tools* (see Try This attachment) [http://consultgerirn.org/resources](http://consultgerirn.org/resources)

  - General Assessment Series
• Specialty Practice Assessment Series  
• Dementia Assessment Series

- **How to Try This:** translates the evidence-based geriatric assessment tools in the Try This Assessment Series into cost-free, web-based resources. Product includes assessment demonstration videos and a corresponding print series featured in the American Journal of Nursing.  
  [http://consultgerirn.org/resources](http://consultgerirn.org/resources)

- **Elder Bill of Rights:** proposed language to address the special needs of hospitalized older adults  

- **Coalition of Geriatric Nursing Organizations (CGNO):** Speaking with one voice to benefit older adults.  

- **Issue Papers:** Nurses Involvement in Nursing Home Culture Change: Overcoming Barriers, Advancing Opportunities.  
  [http://www.hartfordign.org/advocacy/publications_issue_papers_nursing_homes/](http://www.hartfordign.org/advocacy/publications_issue_papers_nursing_homes/)

- **App:** The Hartford Institute for Geriatric Nursing’s iPad, ConsultGeriRN, is a 24/7 mobile reference that provides information and tools to treat common problems encountered in the health care of older adults. Current topics include Delirium, Agitation, Confusion, Fall Prevention and Post Fall Evaluation. The app is available for $1.99 in the iTunes Store at  

### Projects and Initiatives

- **NICHE (Nurses Improving Care for Healthsystem Elders):** The only national geriatric initiative to improve the care of older hospitalized adults. The *vision* of NICHE is for all patients 65 and over to be given sensitive and exemplary care. The *mission* of NICHE is to provide principles and tools to stimulate a change in the culture of healthcare facilities to achieve patient-centered care for older adults. The focus of NICHE is on nursing interventions that have a substantive and positive impact on patient care. See website, [www.NICHEProgram.org](http://www.NICHEProgram.org); Resources on Knowledge Center (requires registration), [http://www.nicheprogram.org/knowledge_center](http://www.nicheprogram.org/knowledge_center).

- **REASN (Resourcefully Enhancing Aging in Specialty Nursing):** The overall goal of the REASN (Resourcefully Enhancing Aging in Specialty Nursing) project is to deepen the involvement of specialty nurse associations in improving nursing competencies in providing care to older adults. This project will leverage the accomplishments achieved in the past five years by working with specialty nursing associations to move to a new and higher level of engagement in geriatric care. This project focuses on building intensive collaborations with 14 hospital-based associations representing 200,000 specialty nurses to create geriatric educational products and resources and assure the geriatric competencies of their members. See website for specialty association projects and products: [http://ConsultGeriRN.org/specialty_practice](http://ConsultGeriRN.org/specialty_practice).

- **Consortium of New York Geriatric Education Centers:** Providing interdisciplinary training on care of older adults in New York State. Includes online offerings for some of the live trainings provides up to three days’ equivalent to fulfill the CNYGEC Scholars Certificate: one of three Core Day trainings and up to two days of electives: [http://www.hartfordign.org/education/cnygec/](http://www.hartfordign.org/education/cnygec/)

  Core Day 3 topics:
  - Risk Factors for Poor Outcomes in Older Adults: Iatrogenesis, Frailty, Geriatric Syndromes, and Atypical Presentation of Illness
  - Medication Management in the Older Adult- An Overview
  - Internet Geriatric Resources
  - Chronic Disease in the Older Adult
  - Compliance vs. Adherence: Consequences for Older Adults
  - Preventive Measures
Palliative Care

Elective Topics:
- Gerontological Nursing Certification Review Course
- Elder Mistreatment
- Nursing Homes: Overview
- Nursing Care in Nursing Homes
- Culture Change and Resident Directed Care in Nursing Homes
- Oral Systemic Health Connection
- Oral Health
- Managing Emergencies
- Geriatric Assessment

Competencies

- Hartford Institute’s Hospital Competencies:
- Pioneer Network/Hartford Institute Nurse Competencies for Nursing Home Culture Change:
  [http://www.pioneernetwork.net/Providers/ForNurses/](http://www.pioneernetwork.net/Providers/ForNurses/)

Webinars (archived)/Podcasts:

- APRN Resource Center Webinars [http://consultgerirn.org/aprncenter](http://consultgerirn.org/aprncenter)
  - Part I: Project Introduction, Scope, and Faculty Resource Development
  - Part II: Strategies and Resources for Teaching Gerontology Content
  - Part III: Innovative Curriculum Models, Integrating Content, and Clinical Exemplars
  - Part IV: Strategies to Infuse Geropsychiatric Content Into Nursing Curricula Geropsychiatric Nursing Collaborative

- Geriatric Nursing Education Consortium (GNEC) Webinars: Preparing Nursing Students to Care for Older Adults: Enhancing Gerontology in Senior-level Undergraduate Courses
  [http://www.aacn.nche.edu/geriatric-nursing/g nec-webinar-series](http://www.aacn.nche.edu/geriatric-nursing/g nec-webinar-series)
  - Part I: Project Overview
  - Part II: Geriatric Resources for Faculty
  - Part III: Teaching Strategies to Infuse Geriatric Content

- Geriatric Nursing Education Consortium (GNEC) Podcasts: Preparing Nursing Students to Care for Older Adults: Enhancing Gerontology in Senior-level Undergraduate Courses:
  [http://consultgerirn.org/resources/media/](http://consultgerirn.org/resources/media/)
  - Atypical Presentation in Older Adults with Complex Illness
  - Assessment and Management of Cancer Related to Older Adults with Complex Care Needs
  - Critical Thinking Related to Complex Care of Older Adults
  - Assessment and Management of Type II Diabetes in Older Adults with Complex Care Needs
  - Geriatric Resources
  - Assessment and Management of Heart Disease Related to Complex Care of Older Adults
  - Interdisciplinary Teams for Older Adults with Complex Care Needs
  - Assessment and Management of Older Adults with Complex Illness in the Critical Care Unit
  - Complex Care Needs in Older Adults with Dementia

- Nursing Homes as Clinical Placement Sites Modules Webinars:
  - Part 1: Nursing Homes the Basics, Nursing Practice in Nursing Homes
Part 2: Resident-Directed Care and Culture Change in Nursing Homes, Introducing Resident-directed Care and Nursing Home Culture Change: A Case Study

Part 3: Structuring Student Placements in Nursing Homes

Part 4: Nursing Home Preparation/Readiness as a Clinical Site

- Consortium of NY Geriatric Education Centers: podcasts are being added to the Hartford Institute e-learning center that are available for GEC participants as well as those interested in the topics. [http://www.hartfordign.org/education/cnygec/](http://www.hartfordign.org/education/cnygec/)

- Integrating Care of Older Adults in Student Clinical Rotations Webinar Geriatric Interdisciplinary Team Training Videos: 6 case studies [http://consultgerirm.org/resources/media/](http://consultgerirm.org/resources/media/)

- Adult-Gerontology - Teaching How to Care for Older Adults Part IV: Strategies to Infuse Geropsychiatric Content Into Nursing Curricula, Geropsychiatric Nursing Collaborative Webinar [http://www.aacn.nche.edu/webinars/past-webinars](http://www.aacn.nche.edu/webinars/past-webinars)

**Under Development**

- Primary Care of Older Adults for Primary Care Providers (HRSA Comprehensive Geriatric Education Program Grant): a series of 10 geriatric primary care-focused online learning modules that will enhance primary care providers’ abilities to provide the most current evidence-based practice in a primary care environment.
  - #1 Health Promotion and Disease Prevention in Older Adults
  - #2 Common Screening with Older Adults
  - #3 Cancer Screening
  - #4 Atypical presentations
  - #5 Dementia (4 products: Evidence Based Practice, Interprofessional Team Care, PDF(downloadable) for Patients and Families and a mobile app for providers)
  - #6 End of Life and Palliative Care
  - #7 Chronic Disease Management and Co-morbidities
  - #8 Chronic Pain Management
  - #9 Creating a Practice Friendly to Older Patients
  - #10 Medication Management

- Hartford Institute for Geriatric Nursing (HIGN) and National Gerontological Nursing Association (NGNA) Webinar Series: monthly webinars presented by expert faculty from NGNA and HIGN with clinical topics relevant to improving the delivery of healthcare to older adults. The webinars will cover topics such as patient- and family-centered care approach to delirium, fall prevention, medication management, and diabetes management.

  * TRY THIS: ® AND HOW TO TRY THIS Assessment Tool Series

**General Assessment Series**

Try This Issue 1 - SPICES: An Overall Assessment Tool of Older Adults
How To Try This (Article) - Fulmer SPICES
How To Try This (Video) - SPICES: An Overall Assessment Tool

Try This Issue 2 - Katz Index of Independence in Activities of Daily Living (ADL)
How To Try This (Article) - Monitoring Functional Status in Hospitalized Older Adults
How To Try This (Video) - Katz Index of Independence in Activities of Daily Living

Try This Issue 3 - Mental Status Assessment of Older Adults: The Mini-Cog
How To Try This (Article) - The Mini-Cog
How To Try This (Video) - The Mini-Cog
Try This Issue 3.2: Mental Status Assessment in Older Adults: Montreal Cognitive Assessment: MoCA Version 7.1 (Original Version)

Try This Issue 4 - The Geriatric Depression Scale (GDS)
   - How To Try This (Article) - The Geriatric Depression Scale: Short Form
   - How To Try This (Video) - GDS Short Form Assessment

(Spanish) Try This Issue 4 - The Geriatric Depression Scale

Try This Issue 5 - Predicting Pressure Ulcer Risk
   - How To Try This (Article) - Predicting Pressure Ulcer Risk
   - How To Try This (Video) - The Braden Scale

Try This Issue 6.1 - The Pittsburgh Sleep Quality Index (PSQI)
   - How To Try This (Article) - Evaluating Sleep Quality in Older Adults
   - How To Try This (Video) - Evaluating Sleep Quality in Older Adults

Try This Issue 6.2 - The Epworth Sleepiness Scale

Try This Issue 7 - Assessing Pain In Older Adults
   - How To Try This (Article) - Using Pain-Rating Scales with Older Adults
   - How To Try This (Video) - Pain Assessment in Older Adults

Try This Issue 8 - Fall Risk Assessment
   - How To Try This (Article) - Predicting Patient Falls
   - How To Try This (Video) - The Hendrich II Fall Risk Assessment

Try This Issue 9 - Assessing Nutrition in Older Adults
   - How To Try This (Article) - The Mini Nutritional Assessment
   - How To Try This (Video) - Assessing Nutrition in Older Adults

Try This Issue 10 - Sexuality Assessment for Older Adults
   - How To Try This (Article) - Assessment of Sexual Health in Older Adults
   - How To Try This (Video) - Older Adult Sexuality: A Continuing Human Need

Try This Issue 11.1 - Urinary Incontinence Assessment in Older Adults: Part I - Transient Urinary Incontinence
   - How To Try This (Article) - Assessment of Transient Urinary Incontinence in Older Adults
   - How To Try This (Video) - Transient Urinary Incontinence in Older Adults

Try This Issue 11.2 - Urinary Incontinence Assessment in Older Adults: Part II - Persistent Urinary Incontinence

Try This Issue 12 - Hearing Screening in Older Adults - A Brief Hearing Loss Screener

Try This Issue 13 - Confusion Assessment Method (CAM)
   - How To Try This (Article) - Detecting Delirium
   - How To Try This (Video) - Delirium

Try This Issue 14 - The Modified Caregiver Strain Index (CSI)
   - How To Try This (Article) - The Modified Caregiver Strain Index
   - How To Try This (Video) - The Modified Caregiver Strain Index

Try This Issue 15 - Elder Mistreatment Assessment
   - How To Try This (Article) - Screening for Mistreatment of Older Adults
   - How To Try This (Video) - Elder Mistreatment Assessment

(Spanish) Try This Issue 15 - Elder Mistreatment Assessment

Try This Issue 16.1 - Beers' Criteria for Potentially Inappropriate Medication Use in the Elderly:
   - Part I - 2002 Criteria Independent of Diagnoses or Conditions

Try This Issue 16.2 - Beers' Criteria for Potentially Inappropriate Medication Use in the Elderly:
   - Part II - 2002 Criteria Considering Diagnoses or Conditions

Try This Issue 17 - Alcohol Use Screening and Assessment
   - How To Try This (Article) - Screening for Alcohol Use and Misuse in Older Adults
How To Try This (Video) - The Short Michigan Alcohol Screening Instrument – Geriatric Version (SMAST-G)

Try This Issue 18 - The Kayser-Jones Brief Oral Health Status Examination (BOHSE)

Try This Issue 19 - Horowitz's Impact of Event Scale: An Assessment of Post Traumatic Stress in Older Adults

Try This Issue 20 - Preventing Aspiration in Older Adults with Dysphagia

Try This Issue 21 - Immunizations for the Older Adult

Try This Issue 22 - Assessing Family Preferences for Participation in Care in Hospitalized Older Adults

Try This Issue 23 - The Lawton Instrumental Activities of Daily Living (IADL) Scale

Try This Issue 24 - The Hospital Admission Risk Profile (HARP)

Try This Issue 25 - Confusion Assessment Method for the Intensive Care Unit (CAM-ICU)

Try This Issue 26 - The Transitional Care Model (TCM): Hospital Discharge Screening Criteria for High Risk Older Adults

Try This Issue 27 - General Screening Recommendations for Chronic Disease and Risk Factors in Older Adults

Try This Issue 28 - Preparedness for Caregiving Scale

Try This Issue 29 - Assessment of Fear of Falling in Older Adults: The Falls Efficacy Scale-International (FES-I)

Try This Issue 30 - Assessment of Fatigue in Older Adults: The FACIT Fatigue Scale (Version 4)

Try This Issue 31 - Reducing Functional Decline in Older Adults during Hospitalization: A Best Practice Approach

SPECIALTY PRACTICE SERIES

Try This SP1: Assessment of Nociceptive versus Neuropathic Pain in Older Adults

Try This SP2: Informal Caregivers of Older Adults at Home: Let's PREPARE!

Try This SP3: Cardiac Risk Assessment of the Older Cardiovascular Patient: The Framingham Global Risk Assessment Tools

Try This SP4: Vascular Risk Assessment of the Older Cardiovascular Patient: The Ankle-Brachial Index (ABI)

Try This SP5: Assessment of Spirituality in Older Adults: FICA Spiritual History Tool

Try This SP6: Perioperative Assessment of the Older Adult

DEMENTIA SERIES

Try This D1: Avoiding Restraints In Patients with Dementia

Try This D2: Assessing Pain in Persons with Dementia
How To Try This (Video) - Pain Assessment in Older Adults

Try This D3: Brief Evaluation of Executive Dysfunction: An Essential Refinement in the Assessment of Cognitive Impairment
   How To Try This (Article) - Screening Older Adults for Executive Dysfunction
   How To Try This (Video) - Brief Evaluation of Executive Dysfunction: An Essential Refinement in the Assessment of Cognitive Impairment

Try This D4: Therapeutic Activity Kits

Try This D5: Recognition of Dementia in Hospitalized Older Adults
   How To Try This (Article) - Recognition of Dementia in Hospitalized Older Adults
   How To Try This (Video) - Recognition of Dementia in Hospitalized Older Adults

Try This D6: Wandering in the Hospitalized Older Adult
   How To Try This (Article) - Wandering in Hospitalized Older Adults
   How To Try This (Video) - Wandering in Hospitalized Older Adults

Try This D7: Communication Difficulties: Assessment and Interventions
   How To Try This (Article) - Communication Difficulties in Hospitalized Older Adults with Dementia: Try these techniques to make communicating with patients easier and more effective.
   How To Try This (Video) - Communication Difficulties

Try This D8: Assessing and Managing Delirium in Persons with Dementia
   How To Try This (Article) - Delirium Superimposed on Dementia
   How To Try This (Video) - Delirium - The Under-Recognized Medical Emergency

Try This D9: Decision Making in Older Adults with Dementia

Try This D10: Working with Families of Hospitalized Older Adults with Dementia
   How To Try This (Article) - Working with Families of Hospitalized Older Adults with Dementia
   How To Try This (Video) - Working with Families of Hospitalized Older Adults with Dementia

Try This D11.1: Eating and Feeding Issues in Older Adults with Dementia: Part I: Assessment
   How To Try This (Article) - The Edinburgh Feeding Evaluation in Dementia Scale: Determining how much help people with dementia need at mealtime.
   How To Try This (Video) - Eating and Feeding Issues in Older Adults with Dementia

Try This D11.2: Eating and Feeding Issues in Older Adults with Dementia: Part II: Interventions

Try This D12: Home Safety Inventory for Older Adults with Dementia

Try This D13: Use of the Functional Activities Questionnaire in Older Adults with Dementia

QUALITY SERIES (5 modules now under development)