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## NEBRASKA HEALTH CARE PROVIDERS JOIN NATIONWIDE MOVEMENT TO IMPROVE OLDER ADULTS' CARE

*March 29, 2021* - Health systems in Nebraska are recognizing the importance of addressing the health needs of the state's rapidly growing number of older adults by participating in a movement to better identify and address their unique care needs. Currently, 54 hospitals, medical practices, convenient care clinics, and/or nursing homes in Nebraska have joined [Age-Friendly Health Systems](#).

Funded by The John A. Hartford Foundation (JAHF) and led by the Institute for Healthcare Improvement (IHI)—in partnership with the American Hospital Association and the Catholic Health Association of the United States—the Age-Friendly Health Systems movement prioritizes what matters most to an older adult. The COVID-19 pandemic has increased the urgency among health systems to prioritize age-friendly care; from March 2020 through December 2020, 1,671 U.S. health care sites joined the effort, including all approximately 1,100 MinuteClinic locations, the retail medical clinic of CVS Health. This brings the total number of sites to 1,956.

“The rapid growth of the age-friendly care movement means that older adults in Nebraska have a better chance at receiving high-quality, evidence-based care that is tailored to what matters most to them,” said Terry Fulmer, PhD, RN, FAAN, president of JAHF. “As COVID-19 has demonstrated, we must prioritize the care of older adults across all care settings to ensure coordinated, evidence-based, age-friendly care is delivered to those who need it most. We are incredibly grateful to IHI, our other partners, and all Age-Friendly Health Systems participants for their work to make health care age-friendly, especially during this terrible pandemic.”

Health care treatment decisions that help older adults achieve what matters most to them—like daily walks without pain, having the energy for gardening, or talking with grandchildren while feeling clear-headed—result in healthier aging, according to the movement. When health care providers focus on the 4Ms of age-friendly care for older adults—what Matters, Medication, Mentation (memory and mood), and Mobility—they reduce harm, improve health outcomes, and lower health care costs, according to JAHF and IHI.

“There has never been a more critical time to prioritize adoption of evidence-based care of older adults,” said Kedar Mate, MD, president and CEO of IHI. “We are learning and improving care daily through the Age-Friendly Health Systems movement, and that will fortify our health care systems for the future. I am heartened by the increase in Age-Friendly participants and their commitment to better care for older adults.”

Participants in the Age-Friendly Health Systems movement in Nebraska as of Jan. 2021 include:

- Avera Health System
  - Avera Creighton Hospital, Creighton
- Box Butte General Hospital
  - Box Butte General Hospital, Alliance

- Brodstone Memorial Hospital, Superior
- Cozad Community Health System
  - Central Plains Home Health and Hospice, Cozad
  - Cozad Community Hospital, Cozad
  - Cozad Community Medical Clinic, Cozad
  - Meadowlark Pointe, Cozad
- Fillmore County Hospital, Geneva
- Harlan County Health System, Alma
- Kearney County Health Services
  - Kearney County Health Services Hospital, Minden
  - Minden Medical Clinic, Minden
- Lexington Regional Health Center, Lexington
- Madonna Rehabilitation Hospital
  - Transitional Care Unit of Saint Jane de Chantal, Lincoln
- Memorial Community Health System
  - Memorial Community Hospital, Blair
- Methodist Health System
  - Methodist Hospital - Acute Care for Elders Unit, Omaha
- Methodist Physicians Clinic
  - Health West, Omaha
  - Indian Hills, Omaha
- Nebraska Hospital Association
  - Columbus Community Hospital, Columbus
  - Johnson County Hospital, Tecumseh
- Nebraska Medicine
  - Brentwood Health Center, Brentwood
  - Chalco Health Center, Chalco
  - Eagle Run Health Center, Eagle Run
  - Elkhorn Health Center, Elkhorn
  - Family Medicine at Bellevue Clinic, Omaha
  - Family Medicine Clinic at Durham Outpatient Center, Durham
  - Fontenelle Health Center, Omaha
  - General Internal Medicine at Olson Center for Women's Health, Omaha
  - Grand Island Health Center, Grand Island
  - Home Instead Center for Successful Aging, Omaha
  - Internal Medicine Clinic at Durham Outpatient Center, Durham
  - Midtown Health Center, Omaha
  - Old Market Health Center, Omaha
  - Primary Care at Bellevue, Omaha
  - Primary Care at Village Pointe Health Center, Omaha
  - Primary Care Clinic at Oakview Health Center, Omaha
- Nemaha County Hospital, Auburn
- OneWorld Community Health Centers
  - Primary Care Clinic, Omaha
  - OneWorld Bellevue, Bellevue
  - OneWorld Northwest, Omaha
  - OneWorld Plattsmouth, Plattsmouth

- OneWorld South, Omaha
  - OneWorld West, Omaha
- Saunders Medical Center
  - CAH Hospital and Rural Health Clinic, Wahoo
- Tri Valley Health System
  - Arapahoe Rural Health Clinic, Arapahoe
  - Cambridge Memorial Hospital, Cambridge
  - Cambridge Rural Health Clinic, Cambridge
  - Indianola Rural Health Clinic, Indianola
- York General Health Care Services
  - York General Hospital, York
- 6 MinuteClinic locations

To learn more about the movement, visit <http://bit.ly/2MGcpLR>.

Interested healthcare organizations can participate by joining the next Action Community, a free opportunity to learn more about age-friendly care, beginning March 2021: <http://bit.ly/3b9fihE>.

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**About The John A. Hartford Foundation**

*The John A. Hartford Foundation, based in New York City, is a private, nonpartisan, national philanthropy dedicated to improving the care of older adults. For more than three decades, the organization has been the leader in building a field of experts in aging and testing and replicating innovative approaches to care. The Foundation has three areas of emphasis: creating age-friendly health systems, supporting family caregivers, and improving serious illness and end-of-life care. Working with its grantees, the Foundation strives to change the status quo and create a society where older adults can continue their vital contributions. For more information, visit [www.johnahartford.org](http://www.johnahartford.org).*